

YOUR RECIPES



Horsetail infusion

Ingredients

- 30 g dried and chopped horsetail (*Equisetum arvense*)
- 1 litre of rain, spring or mineral water
- Stainless steel container
- Wooden spoon
- Filter or piece of cloth
- Jar or bottle with lid

Procedure

1. Place the chopped plants in a stainless steel container and pour the litre of water, at room temperature, over them.
2. Stir well, until the horsetail is completely soaked, and leave to stand for 12 to 24 hours.
3. After this time, put the pan on the hob and heat it at 80° for 20 minutes. Do not heat it to a higher temperature to avoid destroying the acids.
4. If the mixture is to be used in less than 15 days, allow it to cool, filter it, and store it in a light-proof container in a cool place.

Once you have made the preparation, do a test spray with the adjustable nozzle on a few leaves of some plants.

If, after the test, you see that the leaves have crumpled or there are dry marks, you will need to dilute it when you apply it. Use three parts of the preparation to one part of quality water (without chlorine).

If nothing happens, you can spray with that concentration.
Apply once a week, on a regular basis.

Yarrow, dandelion and chamomile infusion

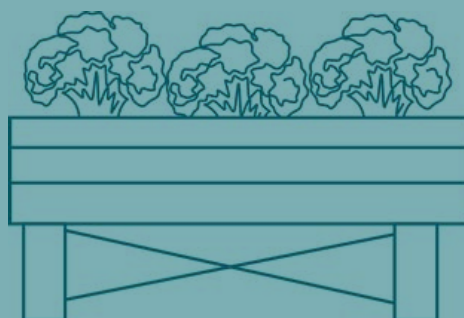
Ingredients

- 25 g of a mixture of yarrow (*Achillea millefolium*) and chamomile (*Chamaemelum nobile* or *Matricaria chamomilla*) dried flowers
- 15 g of Dandelion (*Taraxacum officinale*) stalks, flowers and roots, dried and chopped
- 1 litre of rain, spring or mineral water
- Stainless steel container
- Wooden spoon
- Filter or piece of cloth
- Jar or bottle with lid

Procedure

1. Place the chopped plants in a stainless steel container and pour the litre of rainwater, at room temperature, over them.
2. Put it on the hob and, when it reaches 80°C, turn it off and leave the mixture to cool in the same container.
3. Lastly, it is filtered and bottled.

The recommended application is once every 2 weeks for preventive treatments if the plants are healthy. And once a week if you notice that something is not right and the plants are suffering.



Dilution of Bicarbonate

Ingredients

- 1 litre of warm water
- 1 level teaspoon of bicarbonate of soda
- Filter or piece of cloth
- Jar or bottle with lid

Procedure

1. Add 1 level teaspoon of bicarbonate of soda, stir and mix until dissolved.
2. Pour into a container, filtering the mixture through a filter paper or a cloth.

If it is used as a preventive measure, it should be used infrequently, only when environmental conditions are conducive to the development of fungi, such as high temperatures and high humidity. If it is used regularly, the cellular tissues will harden and the plants will not develop normally, they will be hard and smaller.

It is most commonly used as a curative when we see powdery mildew or downy mildew on our plants.

Conservation

The recipes using plants are for 1 litre but, if you want to make a larger quantity in one go, you will need to store it in a good condition. And for that you will have to pasteurise it. Pour the still-hot, filtered preparation into glass jars or bottles and seal them. You will need gloves to avoid getting burnt. The containers should then be immersed in a pot of water almost up to the lid and boiled for another 20 minutes.

The method of application for these preparations is to attach the lance and the semi-closed adjustable nozzle to your GreenCity and then spray the entire plant from top to bottom. Then do this in the reverse direction, making sure it is completely soaked.

